Dear Colleagues,

This is a very meaningful address for me because this will be my last official contact with you through the newsletter as the president of EAFPS. I am greatly honored to serve the academy for 2 years. It will always stay as a very memorable experience in my career. I have previously shared with you many activities we have performed within these two years. I am very proud to say that the members of the executive board and all the committees and focus groups have worked very efficiently to serve all of you. It has been proven once again that only if we work, share, teach and learn together, a progress can be made. In terms of members, our healthy growth is continuing in Europe and all over the world. In addition to our colleagues, with the efforts of our president-elect, Hesham Saleh, the Junior Committee of EAFPS has been established and they will take action this year in Amsterdam. It is so good to see that the teaching of facial plastic surgery is now reaching the residents all over Europe. We have just finished the rhinoplasty information brochures in 5 languages: English, Spanish, German, French and Turkish. An announcement has been sent to you if you would like to offer these brochures to use in your offices for your patients. Likewise, the video animation has been narrated in these languages as well. They will be presented in Amsterdam at the EAFPS booth.

In recent months we are happy to see that our website and social media pages are visited more frequently increasing the visibility of EAFPS. Please do not forget to share your events and professional pictures with us.

Video library is continuing to be a teaching medium for our members. I would like to thank very much to our masters helping us to enrich this video library. I am pretty sure that with the ongoing efforts it will stay as a monumental source of education for our members.

When we have come to office, we have given our word to you that the elections for the vacant positions of the executive board would be online. In order to make it possible, we have done changes in the by-laws which were approved by you. For the first time in our history, this will hopefully be the most democratic election with the participation of all our members. The election process has been delegated to a third party organization to go for a fair election.

After trying to work really hard for the academy for 2 years, the time for me to step down and relax is approaching. I am entirely convinced that under the leadership of Hesham Saleh, academy will continue to grow and prosper. We all surely show our support to our officers and take part actively in the future projects of the academy.

I would like to thank all of you once again for choosing me to this honorable position for 2 years. Hope to see all of you in Amsterdam in September 2019.

Prof. Dr. Fazil Apaydin
President of EAFPS
Meeting reports

Here are the available reports of the meetings under EAFPS auspices from January through July 2019.

Preservation Rhinoplasty
2-4 February 2019, Nice, France

Run by Yves Saban, who popularized the philosophy of dorsum preservation, and supported by Rollin Daniel who wrote an historical editorial in Aesthetic Plastic Surgery Journal, primary preservation rhinoplasty is a new paradigm. To preserve the K-Area, thus protecting the function and the natural aspect of the nose, and avoiding any "surgical look", inverted V appearance and postoperative deformities of nasal dorsum. Moreover, revision rate is lower and revision procedures quicker and simpler than with other classic rhinoplasty procedures. In addition, Baris Cakir developed the concept of subperichondrial tip surgery applied to nasal ligaments; Peter Palhazi allowed for further anatomical studies and precise biomechanic evaluations. Rollin Daniel call this technique the “3rd Rhinoplasty Revolution”. This “preservation rhinoplasty” is not antagonistic to the other philosophies, and any rhinoplasty surgeon should get benefit by adding this preservation procedures in his armentarium.

The 2019 meeting
Joint meeting EAFPS with the Brazilian Facial Plastic Surgery Academy (ABCPF)
Meeting chairman: Yves Saban. Scientific Secretary for ABCPF: Mario Ferraz
Attendance: 300 participants; 47 countries.
Fees: On site, General entrance: 1,000 € + Live Surgery: 800 €; for EAFPS members: 800/600 €
Topics: Preservation Primary Rhinoplasty
Structure: 83 oral presentations by 70 invited speakers, all key opinion leaders already practicing the Preservation Rhinoplasty, 9 roundtables, 24 masterclasses, 4 live surgeries (Milos Kovacevic, Baris Cakir, Abdulkadir Göksel, Yves Saban) comparing both endonasal and external approaches.
All aspects of the Preservation Rhinoplasty have been taught, including indications, failures, pitfalls, tips and tricks.

The next 2020 meeting
NICE PRESERVATION RHINOPLASTY 2020 will be held by IRRS under the auspices of the EAFPS and many renown international and national societies such as Brazilian SBCP, European RSE, French SOFCEP and SFCEPF.
Nice Palais de la Méditerranée 2020, February 1-3rd.

Yves Saban
Nice, France
yves.saban@gmail.com

BSFPS Annual Cadaveric Dissection Course:
Facial Plastic and Reconstructive Surgery
4-5 March 2019, London, UK

The British Society of Facial Plastic Surgery successfully held its 2nd annual cadaveric facial plastic surgery course in the auspicious Manchester Surgical Skills and Simulation Centre on 4th-5th March 2019. The course runs over two days, under the auspices of both Royal college of Surgeons and EAFPS, covering a wide range of facial plastic procedures including open septorhinoplasty, tipplasty, otoplasty, facelift approaches, forehead lifts and upper and lower lid blepharoplasty techniques. It is aimed at both senior higher surgical trainees and consultants within otolaryngology, plastic and maxillofacial surgery. The invited faculty span from local senior UK tutors to well renowned surgeons from abroad, both within otolaryngology and plastic and oculoplastic surgery.

The course emphasis is on maximizing operating time on high quality fresh frozen cadaveric specimens so that delegates can utilise techniques learnt throughout the course. This course is unique in its kind as it gives delegates a comprehensive overview of common facial plastic techniques, demonstrated by tutors from different surgical backgrounds without necessitating the need of any lectures. The course dates are already confirmed in 2020 and details can be found below. It is worth noting that the next course will be run over two days, fulfilling the desires of our delegates asking for more dissection time. A course manual will also be provided to each delegate.

3rd Annual BSFPS Cadaveric Course, 9-11 March 2020, 24 CPD Points
Anyone interested in applying for this course, which runs annually can do this by visiting the website: www.LondondFACT.co.uk; Email: info@londonfact.co.uk

Alwyn D’Souza
London UK
ad@londonfacialsurgery.org

All on One Rhinoplasty 4
23-24 March, Istanbul, Turkey

Rhinoplasty live surgery symposium has been done in Polat Hotel Istanbul and Memorial Hospital Bahcelievler in 23-24 March 2019. The symposium was organized by Emre Ilhan who is a the member of the EAFPS Rhinoplasty focus group. Two live surgeries has been performed, one by Emre Ilhan (open piezo/powered Rhinoplasty), second performed by Mehmet Akbaş (closed preservation Rhinoplasty). The live surgeries were moderated by Tamer Erdem from Acibadem University Istanbul. Over 200 participants from Turkey and various parts of Europe attended with high interest to live surgery symposium. The next “All in one Rhinoplasty Symposium” will take place in 18-19 January 2020 and Mario Ferraz from Brazil will be performing live surgery with closed SPAR(preservation) Rhinoplasty. Emre Ilhan will be performing open piezo powered Rhinoplasty.

Kaan Caglar
Istanbul, Turkey
kaan@surgicall.com.tr

BOC Barcelona Oculoplastics
26-27 April, Barcelona, Spain

Barcelona Oculoplastics – (B)OC – is a leading international event, whose purpose is to review and update all of the concepts and issues that need to be addressed when attending to patients that require functional surgery or request cosmetic treatment of the upper part of the face. It is aimed at ophthalmologists with an interest in oculoplastic surgery, oculoplastic surgeons and other professionals with an interest in the periorcular area (plastic surgeons, cosmetic doctors, dermatologists, etc.).

Course organizers/directors:
Dr Ramon Medel, Dr Juan Carlos Sánchez, Dr Luz María Vásquez
Course structure: A) lectures, B) live operations
Number of participants: Around 400
Fee: 350 € (early bird 300)
Next year’s course: Spring 2020 (to be defined)

Marta Rodríguez
Barcelona, Spain
prensa@imo.es

22. Rhinoplasty School
3-5 May, Istanbul, Turkey

150 colleagues attended to the meeting from 18 different countries and different cities of Turkey. Rhinoplasty School was five days, three days for Rhinoplasty Course, and two days hands on for cadaver course. The first day kicked off with a live surgery demonstration performed using the open surgery approach. This was followed up with introductory presentations on open rhinoplasty techniques, and the underlying guiding principles of rhinoplasty. The second day began with a live surgery which demonstrated the closed approach. The advantages and limitations of closed surgery were discussed in a follow-up session, as well as solutions to complications that may arise. The final day dealt with advanced revision techniques. A live surgical demonstration in the morning was followed by a comprehensive presentation on the complexities of revision surgery in the afternoon. Also, the last day includes in-depth discussions on the full spectrum of revision issues. The last two days were for cadaver course. There were 18 participants.

The first day of the cadaver course dealt exclusively with rhinoplasty, and both open and closed surgical techniques. Day two was detailed with the facial rejuvenation. Surgical and non-surgical approaches to facial rejuvenation were looked at.

Course Date:
Rhinoplasty Course, May 3-5 2019
Fresh Cadaver Course, May 6-7 2019
At the first day of the Meeting, after presentations on aging physiology and surgical techniques related to upper and middle third of the face rejuvenation, upper and lower blepharoplasty operations were performed at live surgery session. At the second day, after lectures on surgical techniques related to lower face and neck rejuvenation, composite plan facelift, brow lift, upper-lower blepharoplasty and upper lip lift operations were performed at live surgery session. At the third day, after discussing the non-surgical rejuvenation methods, workshops including botox, filler, PRP, chemical peeling, thread lift applications were performed. There were total of seventy-five participants attending to FACEISTANBUL 2019. The attendance fees were 550 euro for EAFPS members, 600 euro for non-members and 300 euro for residents.

The dates of FACEISTANBUL 2020 Rejuvenation of Aging Face Meeting will be announced soon.

Sincerely yours,

Kerem Sami Kaya
Instanbul, Turkey
drkeremsamikaya@gmail.com

20th International Course on Reconstructive and Aesthetic Surgery of the Nose and Face
12-14 June 2019, Nijmegen, The Netherlands

Course directors: Koen Ingels and Niels van Heerbeek, Otorhinolaryngology/Facial plastic surgery, Radboud university medical center. From 12-14 June the 20th edition of the International Course on Reconstructive and Aesthetic Surgery of the Nose and Face (Around the Nose) was organized in the Anatomic Lab of the Radboud university medical center. 32 participants (15 nationalities) registered for the course and all were able to practice in couples on a single body.

The 20th Around the Nose Lecture ‘Key Steps In Aesthetic Rhinoplasty’ was given by Regan Thomas, Facial Plastic and Reconstructive Surgery, Northwestern University School of Medicine Chicago, USA.

The main topics of the course were: External rhinoplasty, Transposition flaps, Nasal reconstruction, Otoplasty, Blepharoplasty, Mentoplasty and Rhytidoplasty. These techniques were explained step by step by a multidisciplinary international faculty of experts: ENT specialists, facial plastic surgeons, an oral and maxillofacial surgeon and a dermatologist.

After each presentation participants practiced a technique hands on. Instead of employing chemicals to preserve bodies, the bodies were fresh frozen and brought to room temperature, providing the feel and texture of facial soft issue. Participants were very satisfied and enthusiastic:

‘Excellent organization, faculty and dissection facilities.’

Faceinstandbul
23-25 May, Istanbul, Turkey

FACEISTANBUL 2019 EAFPS Rejuvenation Focus Group Meeting was held on May 23-25, 2019 at Acibadem Altunizade Hospital, Istanbul, Turkey. The Chair of the Meeting was Ozcan Cakmak, and the Vice Chair was Kerem Sami Kaya. The distinguished faculty members were Fazıl Apaydın, Eduardo M. Serna, Ulas Raghavan, Capi Wever, Peter Lohuis, Cengiz Yakıcıer, Umit Taskin, Emrah Emre, Teyfik Sozen, Kerem Sami Kaya and Berke Ozucer. The Meeting was solely on facial rejuvenation with a rich scientific program covering all surgical and nonsurgical issues of aging face, live surgeries, workshops, and video sessions.

At the first day of the Meeting, after presentations on aging physiology and surgical techniques related to upper and middle third of the face rejuvenation, upper and lower blepharoplasty operations were performed at live surgery session. At the second day, after lectures on surgical techniques related to lower face and neck rejuvenation, composite plan facelift, brow lift, upper-lower blepharoplasty and upper lip lift operations were performed at live surgery session. At the third day, after discussing the non-surgical rejuvenation methods, workshops including botox, filler, PRP, chemical peeling, thread lift applications were performed. There were total of seventy-five participants attending to FACEISTANBUL 2019. The attendance fees were 550 euro for EAFPS members, 600 euro for non-members and 300 euro for residents.

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‘Excellent organization, faculty and dissection facilities.’
The interdisplinary character was great. Faculty was continuously in the Anatomy Lab, to share their knowledge, and demonstrate their tips and tricks.

Date of next year’s course: June 10/11/12 2020
www.aroundthenose.com

Annie Moedt
Nijmegen, The Netherlands
Annie.moedt@radboudumc.nl

Upcoming Meetings

These are the upcoming meetings 2019 under the auspices of the EAFPS according to information status of 21 July 2019.

11 Days of Facial Plastic Surgery
26 August-1 September 2019, Singapore

11 Days of Facial Plastic Surgery
Khoo Teck Puat Hospital, Singapore
www.SingaporeENTcourses.com.sg

11 Days of Facial Plastic Surgery
26 - 1 September 2019, Singapore
contact: SingaporeENTcourses@barakpco.com
www.singaporeentcourses.sg

EAFPS 2019,
18-21 September 2019, Amsterdam, The Netherlands

11 Days of Facial Plastic Surgery
26 - 1 September 2019, Singapore
contact: SingaporeENTcourses@barakpco.com
www.singaporeentcourses.sg

EAFPS 2019,
18-21 September 2019, Amsterdam, The Netherlands

EAFPS 2019 Annual Meeting of the European Academy of Facial Plastic Surgery
SAVE THE DATE:
18-21 September 2019
Amsterdam, The Netherlands

EAFPS 2019
Annual Meeting of the European Academy of Facial Plastic Surgery
SAVE THE DATE:
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EAFPS 2019
Annual Meeting of the European Academy of Facial Plastic Surgery
SAVE THE DATE:
18-21 September 2019
Amsterdam, The Netherlands

contact: pcobanoglu@kenes.com
www.eafpsamsterdam2019.org

SantoRhino 2019
26-28 September 2019, Santorini, Greece

SantoRhino 2019
Santorini Sinus, Skull base and Rhinoplasty Workshop and Consensus Meeting
26-28 September 2019
Santorini, Greece
contact: santorhino@synthesispco.com
www.santorhino.org

30th International Course in Advanced Rhinoplasty Techniques
16-18 October 2019, Utrecht, The Netherlands

30th International Course in Advanced Rhinoplasty Techniques
16-18 October 2019, Utrecht, The Netherlands
contact: info@advancedrhinoplasty.nl
www.advancedrhinoplasty.nl

Rome Nose Week
16-18 October 2019, Rome, Italy

Rome Nose Week
16-18 October 2019, Rome, Italy
contact: romenoseweek@libero.it
www.romenoseweek.info/
Preservation Rhinoplasty

We are witnessing a resurgence of technique of protecting the K area of the nose with Preservation Rhinoplasty in the recent years. The following MCQs are meant to refresh the knowledge in preservation rhinoplasty, in order to update the reader on the technique.

By: Ruth Yusovich, Chew Lip Ng, Alwyn D'Souza

1. In “Preservation Rhinoplasty” which area is preserved?
   - K-area
   - Scroll area
   - Bony pyramid
   - Bony septum

2. Which of the following is a possible indication for PR?
   - Revision rhinoplasty
   - Long cartilaginous nose
   - Deep nasofrontal angle
   - Irregular bony pyramid

3. How does the “Push Down” effect the scroll area?
   - No effect
   - It causes a caudal rotation of the LLCs
   - It causes a cephalic rotation of the LLCs
   - It collapses the ULCs

4. Which graft is usually spared in PR?
   - Spreader graft
   - Columellar strut
   - Alar rim grafts
   - Batten graft

5. What is false regarding the push down and the let down techniques?
   - In both the dorsum is preserved
   - In both the nasal bony pyramid is separated from the frontal processes of the maxillary bones
   - In both the nasal bony pyramid is separated from the nasal spine of the frontal bone
   - In both the bony lateral walls come down to rest on the frontal process of the maxilla

6. PR is indicated in:
   - Hump reduction
   - Dorsal Augmentation
   - Septal perforation
   - Saddle nose

7. Advantages include:
   - Minimize dorsal irregularity
   - Shorter operative time
   - Better visualization
   - Preserves keystone area

8. Steps include:
   - Separation of upper lateral cartilages from septum
   - Wedge resection of ascending process of maxilla/nasal bone
   - Strip excision of bony septum
   - Direct chiseling of bony dorsum to reduce hump

9. Surgeons who have historically contributed to preservation rhinoplasty techniques:
   - Jacques Joseph
   - Oliver Lothrop
   - Tord Skoog
   - Maurice Cottle

10. Potential complications include:
    - Dorsal instability
    - CSF leak
    - Nasolacrimal duct injury
    - Rocker deformity

Contact: vr@aasurgery.ru
www.aasurgery.ru/en/

Contact: book@londonrhinoplastycourse.co.uk
https://www.LondonRhinoplastyCourse.co.uk

CME Update
We are looking forward to greeting you at the Annual Meeting of the EAFPS 2019

18-21 September 2019
Amsterdam, The Netherlands